

Mercy Health O'Connell Family Centre Residential Program Dad's Night

Included in the Residential Program at O'Connell Family Centre is a Dad's Night for dads especially. This session is run in the evening to maximise the ability of dads to attend. Dad's Night is usually run on a Wednesday evening.

The Dad's Night is facilitated by a fathering counsellor.

O'Connell Family Centre runs the Dad's Night to provide:

- A "father friendly" environment for dads to discuss parenting issues
- Opportunity to talk with other dads who are experiencing similar early parenting issues
- Information about useful resources that are available for dads.

Feedback from previous participants consistently indicates that dads have appreciated the opportunity to talk with other dads and hear their perspectives around mutual fathering issues.

The session commences at 7.30 pm to allow dads the opportunity to arrive at O'Connell Family Centre and have dinner if previously arranged.

Please let us know via your partner if you will be attending the Dad's Night.

If you are unable to attend during the week of your family's residential admission you are welcome to attend on another more convenient date.

Please advise staff of your plan to attend on another evening and provide a contact number in case of unforeseen cancellations.

We look forward to your participation.

The Mercy Health O'Connell Family Centre Team.