

Breastfeeding is an art, a skill that has to be learnt.



Breastfeeding Services

Werribee Mercy Hospital

Werribee Mercy Hospital offers breastfeeding support and advice for mothers in the lead up to the birth of their child and in the important first few months of feeding.

Our friendly lactation consultants can help mothers get the most out of the rewarding experience of breastfeeding their baby.

If you need more information please call 9216 8689.

Your next appointment Lactation Consultant

Date: _____

Time: _____

Breastfeeding Support Service

Date: _____

Mercy Health is a Catholic provider of health, aged care and community services. We believe in the sacredness and dignity of each person at every stage of life and are committed to providing compassionate care to all people, regardless of culture or religion. The professional, holistic care we give is guided by compassion, hospitality and respect.

Werribee Mercy Hospital

Lactation Consultants 9216 8689

Childbirth Centre 9216 8696

Breastfeeding Support Service
(Monday & Friday) 9216 8765

Emergency Department 9216 8600

Australian Breastfeeding Association
Seven Day Helpline 1800 686 2 686

Maternal & Child Health 13 22 29



Mercy Health
Care first

Werribee Mercy Hospital
300 Princes Highway
Werribee Victoria 3030
Phone: (03) 9216 8888
Fax: (03) 9216 8692
mercyhealth.com.au



Educating, supporting
and promoting breastfeeding

Mothers and babies are assisted by Lactation Consultants and highly experienced midwives.

Lactation Consultant Service

A Lactation Consultant is available six days a week to help mothers who are experiencing difficulties with breastfeeding.

The service supports:

- Pregnant women with breastfeeding questions
- Women in any department of the hospital
- Women who have returned home
(Appointments are essential for women who are at home.)

There is no direct charge to see a Lactation Consultant.

Making an appointment

You can make your own appointment or be referred by a healthcare provider.

If you would like assistance, please contact a Lactation Consultant on 9216 8689.

Breastfeeding Support Service

This service is available to mothers and babies who are experiencing breastfeeding related problems.

Mothers with babies up to two months of age can spend time discussing and getting help and support for breastfeeding difficulties.

You can:

- Receive information and assistance with breastfeeding
- Increase your self confidence and satisfaction in your aim to breastfeed
- Receive advice on health and nutrition for you and your baby
- Receive support in your choices and decision making regarding infant feeding

Mothers and babies are assisted by Lactation Consultants and highly experienced midwives.

There is no direct charge to use the Breastfeeding Support Service.

Making a booking

Bookings can be made by contacting a Lactation Consultant on 9216 8689.

You can make your own booking or be referred by a:

- Maternal and child health nurse
- Midwife or hospital employee
- General practitioner
- Obstetrician or paediatrician

What to bring to the Breastfeeding Support Service

- Medicare card and *Child Health Record* book
- Nappies and a change of clothes for your baby
- Pram (for your baby to sleep in)
- Any other items you would normally use in the care and feeding of your baby

Please wear comfortable clothes.

Lunch is provided.

Opening hours

Monday and Friday
9.00am to 4.30pm