

## **MEDIA RELEASE**

## For immediate release

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## Make a positive change in your community with Mercy Health aged care

Mercy Health residential aged care offers older Australians the support and care they need to maintain their lifestyles, independence and social connections to friends, family and community.

Volunteers at Mercy Health residential aged care homes play a large part in helping our residents feel connected to the wider community and provide lasting benefits for residents and volunteers alike.

Sixty-three year old, Collette Lord began volunteering her time as a singer at Mercy Place Rice Village in 2003. Thirteen years on and Collette still volunteers at the Marshall-based aged care home supporting staff and residents one day a week in the lifestyle and activities department.

"Volunteering in aged care is ideal for anyone who loves older people and wants to give something back to their community," said Collette.

"I think I get more back then I give. I love the older people. I love their stories and I still believe we have so much to learn from their journey."

"I have a mum in aged care in Sydney so I can't do everything I would love to do for her so I pour out my love for her into the Rice Village residents. It is a happy place to work – it makes me happy."

Mercy Health's Operations Director of Residential Aged Care, Voula Yankoulas, says people just like Collette are valued as an important part of the care team.

"Volunteers at Mercy Health provide their own dimension of care. They are not substitutes for paid staff rather volunteers who contribute to a multi-disciplinary team approach aimed at providing the best possible care for residents, their carers and families," Ms Yankoulas said.

If you are interested or wanting to find out more about volunteering with Mercy Health residential aged care and giving back to your local community, please contact Karren Gooding, Aged Care Lifestyle and Volunteer Manager on (03) 8416 7912.

For interviews and photo opportunities, please contact:

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