



Mercy Health

Care first

Thrive@Mercy

Thrive@Mercy is our online employee health and wellbeing hub. Designed to enhance awareness and knowledge of health and wellbeing, Thrive @ Mercy supports and encourages all Mercy Health employees to be the best they can be.



Visit Thrive@Mercy to find out more about:



Employee Assistance Program

Our Employee Assistance Program (EAP)



Physical Wellbeing

Physical Wellbeing – including Fitness Passport



Family Violence

Family Violence supports



Work Life Balance

Resources to assist with Work / Life balance



Healthy Eating

Healthy Eating



Positive Ageing

Positive Ageing



Mental Wellbeing

Enhancing your Mental Wellbeing



Scan the QR code to visit Thrive@Mercy